



## **Horsin' Around at Active Day**

*Active Day Offers Pet Therapy of a Different Kind*

**Liberty, SC—May 17, 2011--** Pet therapy usually includes trained dogs and cats that interact with older adults in order to foster socialization, increase alertness, and encourage physical movement. [Active Day of Liberty](#) is bringing in a four-legged friend of a larger variety as a part of its therapeutic programming for the [medical adult day care](#) clients.

Supreme Dolly, a quarter horse from Dreamcatcher Foundation Quarter Horses will visit [Active Day of Liberty](#) on May 17, 2011 at 10 a.m. Courtney Roberson, owner of Supreme Dolly and Wanda Cartee, Dreamcatcher Farm's owner and trainer, will bring the horse to the center so that the clients can pet the horse, learn how to brush her, clean her hooves, watch them bridle and saddle the horse.

We are so excited to have Dolly visit our center. Pet therapy provides a multitude of social, physical and emotional benefits for our clients.

Active Day, Inc. was founded in 1995 with the goal of creating a nationwide network of community-based health care services to meet the needs of the elderly, disabled adults and their caregivers. Since then, [Active Day, Inc.](#) has created the largest network of adult day health services centers, in-home personal care companies and outpatient rehabilitation facilities in the country. This network provides adult day health services to more than 3,000 clients per day.